

WEEK 1/4/7	Revised : June 2017		
Monday	Wraps Cheese Chicken Honey Houmous	Cucumber Olives Grapes	Water Orange Juice
Tuesday	Cheese Ham Honey Houmous	Cucumber Tomatoes Frubes	Water Apple Juice
Wednesday	Cheese Chicken Honey Houmous	Cucumber Tomatoes Yoghurt Raisins	Water Orange Juice
Thursday	Cheese Ham Waffles Honey	Cucumber Carrot Sticks Apples	Water Blackcurrant
Friday	Beef Cheese Houmous	Cucumber Tomatoes Raisins	Water Apple Juice

WEEK 2/5/8			
Monday	Cheese Chicken Honey Houmous	Cucumber Tomatoes Apples	Water Orange Juice
Tuesday	Cream Crackers Cheese Ham Honey Houmous	Cucumber Olives Yoghurt Raisins	Water Orange Juice
Wednesday	Cheese Beef Honey Houmous	Cucumber Tomatoes Flapjack	Water Apple Juice
Thursday	Wraps Cheese Chicken Houmous Honey	Cucumber Tomatoes Popcorn	Water Orange Juice
Friday	Ham Cheese Houmous Waffles/Honey/Jam	Cucumber Tomatoes Frubes	Water Apple Juice

WEEK 3/6			
Monday	Cheese Tuna Honey Houmous	Cucumber Tomatoes Raisins	Water Orange Juice
Tuesday	Cheese Beef Houmous Honey	Cucumber Tomatoes Olives Flapjack	Water Orange Juice
Wednesday	Wraps Cheese Chicken Honey Houmous	Cucumber Tomatoes Apples	Water Orange Juice
Thursday	Cheese Ham Toast/Jam/Honey	Cucumber Tomatoes Frubes	Water Blackcurrant
Friday	Cream Crackers Ham Dairylea Cheese Houmous Honey/Jam	Cucumber Tomatoes Yoghurt Raisins	Water Orange Juice

